



Newsletter October 2008

SDONE Mission

To provide leadership for the profession of nursing
across diverse settings.



Message from the President

Barbara Larson, MN, ACNS, BC

This is my first President's Report and I wanted to let you all know how excited I am about being President of SDONE. Thank you for this opportunity.

A little bit about me. I am the VP for Patient Care Services at Avera Sacred Heart Health Services in Yankton. I have been at ASH for almost five years. I have been an RN for over 30 years. My husband was military so we moved many times, giving me a varied background. I have truly enjoyed being a nurse and have never regretted my choice of a career. I am a South Dakotan by marriage but raised a Texan.

Fall is here. "Nature always wears the colors of the spirit," wrote Emerson. A fall color of ruby, amber, and gold leaves mixing with the crisp air awakens the mind and makes this transition time glorious. SDAHO was in Rapid City this past September and the weather was perfect. A time for learning, networking and renewing. The SDONE Board members discussed working cooperatively with SDNA to forward the issues facing nurses today. The first step with this cooperative effort will be hosting a "booth" at Nurses' Day at the Legislature on Feb. 9, 2009. There is an expected change in the State government with the potential of several new legislators. It will be a prime time for us to talk to the legislators and to let them know what is important to us as nurses. More information about this meeting will be coming soon.

To keep you up-to-date there has been information coming from the AHA about implementing Standardized Colors for Patient Alert Wristbands. However, there is concern that since there has not been a national "universal" color system identified, it could cause a safety risk if nurses work at different hospitals or if a patient is transferred to another hospital. Joint Commission at this time is not in favor of the wristbands for privacy reasons. Stay tuned.

Thank you for your continued support of SDONE. It is very important that we, as members of SDONE, take a leadership role in defining the vision of future patient care delivery for South Dakota.

Barbara Larson

District News

District 1 – Barb Hespen, Chair

District II – Jaci Eberhart, Chair

District III – *Tammy Hillestad, RN*
Director of Patient Services
Madison Community Hospital
917 North Washington Ave
Madison S.D. 57042
605-256-8740

WHAT: SDONE District 3 meeting

WHEN: November 7, 2008 at noon

WHERE: Sanford Surgical Tower
Conference Room G781-A
Sioux Falls, SD

EDUCATION TOPIC: Legal Issues relating to EMR conversion

SPEAKER: Nate White, Sanford Attorney

Lunch will be provided

Please RSVP by October 31, 2008

District IV – Kelli Sternhagen, RN
Patient Care Coordinator
St. Michael's Hospital Avera McKennan
P.O. Box 27
Tyndall, SD 57066
605-589-3341 ext 127

Meetings

November 21, 2008 meeting at Avera Queen of Peace

Feb. 9, 2009 Nurses Day at the Legislature. SDONE will be working cooperatively with SDNA, and SDONE is planning to have a booth there to be able to talk with the Legislators. And, we are hoping to have a good turnout of members!

June 14, 2009 meeting at Avera Sacred Heart. The education session is not yet planned.

September 2009 meeting will be held in conjunction with the SDAHO Convention in Sioux Falls.

AONE Institute issues call for award nominations and seed grant proposals

The AONE Institute for Nursing Leadership Research and Education (formerly the AONE Institute for Patient Care Research and Education), an affiliate of AONE and a 501(c)(3) unit of the Health Research and Educational Trust (HRET), is now accepting nominations for its 2009 Award and Recognition Program and proposals for its 2009 Research Seed Grant Program. The Award and Recognition Program is an annual event honoring nurses whose accomplishments in the areas of leadership, service, and scholarship are worthy of AONE's highest recognition and celebration. Information on the specific awards, eligibility criteria and the nomination form can be downloaded from the [AONE website](#). The Research Seed Grant Program offers grants to support research projects related to nursing administration practice. Grant amounts range from \$3,000 to \$8,000. To learn more about the grants and to download an application, visit the [AONE website](#). The submission deadline for award nominations and seed grant proposals is January 15, 2009. All award and grant recipients will be honored at the 2009 AONE Annual Meeting in San Antonio, TX, April 15-19, 2009.

Hospital residents report patient-handoff problems common

According to a new study conducted at Massachusetts General Hospital (MGH), a significant percentage of resident physicians report that patient handoffs-transfer of responsibility for a hospitalized patient from one resident to another-contributed to incidents in which harm was done to patients. The study, published in the October 2008 *Joint Commission Journal on Quality and Patient Safety*, identifies situations in which problematic handoffs are more likely to occur and factors that may interfere with the smooth transfer of crucial information. MGH is using the study results to focus and drive improvements in the handoff process, including enhancement of computerized handoff-support tools, programs to teach and support best practices, and more specific, hospital-wide process improvement projects. (Massachusetts General Hospital, [press release](#), 9/23/08)

Illinois hospitals implement strategies to reduce compassion fatigue

Many hospitals are implementing new programs to improve nursing morale and reduce compassion fatigue through programs that reinforce healthy habits, [reports](#) the *Chicago Tribune*. According to the article, these programs encourage nurses to take better care of their own health by improving eating habits, exercising, and performing stress management techniques. As an example, Advocate Lutheran General Hospital, located in Park Ridge, IL, created a handbook that outlined stress management and counseling classes available to the nursing staff. They also converted a break room to a nurse's retreat that provides a massage chair and place to relax. At Bolingbrook-based Adventist Hospitals, nurses received stress training from Care 4 Caregivers, a Florida-based fitness and wellness company providing wellness programs specifically targeted to nurses.

2008 SDONE Scholarship

Congratulations to Tracy Harrington, Director of Nursing at the Platte Health Center-Avera. Under Tracy's leadership, Long Term Care is undergoing a culture change including open dining, natural or gentle awakening, and personalization of rooms, consistent assignment and redecorating of the facility with a minimal budget. Tracy

serves as the secretary of SDONE district IV. She is enrolled in the Master of Science in Administrative Studies course with a concentration in long term care.

2008 SDONE Leadership Award

Congratulations to Barbara Larson who received the 2008 SDONE Leadership Award. The award recognizes excellence in nursing leadership with emphasis on concepts of leadership, nursing practice and strategic planning along with community and professional participation and contribution. Barbara is the Vice President for Patient Care Services at Avera Sacred Heart in Yankton. She restructured the Patient Care Council (staff nurse shared governance) around the organization's five key strategic goals. Under Barbara's leadership, the hospital has enjoyed very positive patient satisfaction scores. Avera Sacred Heart was chosen to participate in phase two of the Robert Wood Johnson project for Transforming Care at the Bedside (TCAB) which focuses on med-surg units and processes to increase nurse's time at the patient bedside.

Barbara is active in numerous community organizations: Just for Kids, Boys and Girls Club, Kiwanis, Community Cancer Action and State of South Dakota Cancer Consortium.

Barbara is past chair of SDONE district IV and is currently the President of SDONE.





CONTINUING EDUCATION ONLINE

Here are some sites offering online continuing education:

www.nursingcenter.com

www.nursingworld.org/ce/

www.nursingspectrum.com

www.learningext.com

www.nurseweek.com

www.medscape.com/nurseshome

www.emedicine.com

www.netce.com

www.westernschools.com

www.rnceus.com

www.nurseslearning.com

www.yournurse.com

www.nursingceu.com

www.powerpack.com

Celebrate Aspiring Nurse Leader Week: November 9-15

Join AONE and health care facilities around the country by celebrating Aspiring Nurse Leader Week. We encourage all nurse leaders to re-commit themselves to the important work of developing new nurse leaders by actively advocating and demonstrating the benefits and rewards of holding a nursing leadership position and by becoming actively involved in their professional development. [Learn more](#) how you can celebrate and honor your aspiring nurse leaders.

Web Sites

Visit the following web sites for helpful information:

AONE - www.hospitalconnect.com

SDONE - www.sdone.org

SD Center for Nursing (Colleagues in Caring) – www.sdcenterfornursing.org

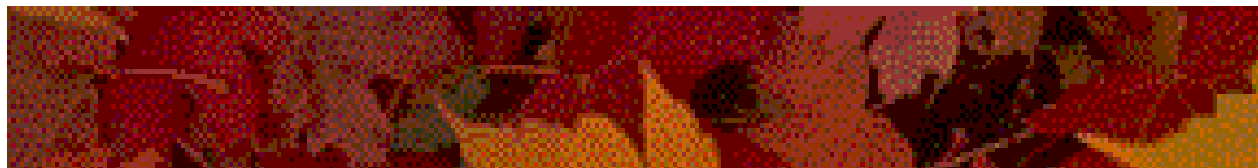
SD Board of Nursing – www.state.sd.us/dcr/nursing

2008-2009

SDONE Board

President	Barbara Larson, Yankton
Past President	Carla Borchardt, Sioux Falls
Secretary	Lois Ames, Rapid City
Treasurer	Denise Munterfering, Dimock
Public Relations	Darcy Sherman Justice, Sioux Falls
Program	Paula Hamann, Laurie Pospisil
Bylaws	Carol Stewart
District I Chair	Barb Hespen, Custer
District II Chair	Jaci Eberhart
District III Chair	Tammy Hillestad, Madison
District IV Chair	Kelli Sternhagen, Tyndall
Aging Services Committee	Stacey Erickson
Public Policy	Deb Fischer-Clemens, Sioux Falls
Nursing Workforce Center (CIC)	Carla Borchardt, Sioux Falls

The SDONE Newsletter is sent electronically. Forward e-mail addresses to the editor, darcy.shermanjustice@mckennan.org, if you would like it sent to a different address, or if you are aware of members who did not receive the newsletter. Articles written by members are welcome, forward to Darcy at the address listed above.



2009 SDONE Membership Form

- New Application**
- Renewal**
- Cancel Membership**
- Address Change**

Name _____ Date _____

() If no changes from last year check here. (No need to complete rest of application.)

Home Address _____ Phone _____

City/State/Zip _____ Email _____

Employing Institution/Agency _____ Phone _____

Employer's Address _____ Email _____

City/State/Zip _____ FAX _____

In an effort to reduce mailing expense, you will receive SDONE communication via email (at your workplace). If you do not have an email address, mailings will be done as before.

Your Title _____ # Years in Position _____

Educational Background Masters
 BS or BSN
 Associate Degree
 Diploma
 Other
 Certification _____

Are you an AONE member? Yes No

Name of SDONE member that brought you to the organization: _____

*Please send completed application form with **\$50.00 annual dues**. New members, please send your institution's organizational chart and your current job description to:*

Denise Munterfering, Treasurer
Avera St. Benedict health Care
401 W Glynn Drive
Parkston, SD 57366

Telephone 605-928-3311

FOR OFFICE USE ONLY – District: _____ Membership #: _____
 Check# _____ Date: _____